Birds need a **special bird food mix** which can include seeds, dried fruits, vegetables and nuts.

Different types of birds need different foods – ask your vet for help with this.

Feed small amounts of fruit and vegetables like spinach, peas and carrot and apricot.

**Avoid avocado and chocolate** which are toxic for birds.

Cuttlefish provides calcium and shell grit aids digestion.

Place the food bowl high off the cage floor.
Water

- Make sure your bird has cool, fresh water all the time.
- Keep the water bowl off the cage floor.
- When the weather is warm, you can use a gentle water spray bottle to give your bird a light shower.
- Make sure you clean your bird’s bowls everyday.
- Clean the cage every week with warm water.
- Soaps can be harmful to birds.
Shelter

- The bigger the cage, the better!
- Buy a cage that is long - not high. Birds fly along, not up.
- The cage must be large enough for your bird to fully stretch and flap his wings without getting hurt.
- Keep your bird safe from too much sun, wind and rain.
- The bird should be able to see you a lot and what is going on around him.
- Cover the cage at night so the bird can rest.
- Move the cage out of the sun, when the weather is hot.
Exercise & Friends

- All animals need **room to move and play**.
- Give your bird to toys to play with, like a bell or mirror.
- Make sure your bird can move freely in his cage.
- **Birds like friends**, carefully choose a friendly buddy for your bird - ask your vet for advice.
Special Care

- All pets must visit the vet once a year for a check-up.
- Vets give small animals **medicine** to stop them from getting diseases, worms, ticks and fleas.
- Take your pet to the **vet** if he is **sick**, hurt or stops eating.
Life Span

- Pet birds like canaries and finches can live for 10-25 years.
- You must be ready to love and care for your pet for its whole life.